



## Code of Conduct for Young People

As a member of the club, you are expected to abide by the following code.

I will:

- Arrive for training and competition in good time to prepare properly.
- Wear suitable kit (including a helmet) and clothing for all cycling activity sessions, as agreed with the coach.
- Warm up and cool down properly on all occasions.
- Play within the rules and respect officials and all their decisions.
- Be a good sport by applauding all good performances, whether they are made by my club or the opposition.
- Control my temper - verbal abuse of officials and other riders, or deliberately distracting/provoking an opponent is not acceptable or permitted behaviour in any sport.
- Work equally hard for myself and my club - remember, the club's performance will benefit, and so will I
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, disability, cultural background or religion.
- Pay any fees promptly.
- Abide by the rule that junior members are not allowed to smoke on club premises or while representing the club at competitions.
- Abide by the rule that junior members are not allowed to consume alcohol or drugs of any kind on club premises or while representing the club.
- Use correct and proper language at all times.
- Treat all participants in cycling as I would like to be treated - not bullying or taking unfair advantage of another participant.
- Cooperate with my coach, club mates and opponents - remember, without them there would be no competition.
- Remember that I represent the club at training sessions and events, so will not behave in any way that will have a negative impact on the club
- Thank officials and opponents after competition

## Code Of Conduct For Parents/Carers

As a parent/carer of a member of the club, you are expected to abide by the following code.

I will:

- Inform the coach of any specific health requirements or medical conditions of my child in advance of the coaching session by completion of a club membership form or a parental consent form.
- Advise the coach if my child has to leave early or is being collected by someone other than a parent/carer, giving details of the arrangement including who will be collecting my child, when and at what time.
- Encourage my child to learn the rules and play within them
- Discourage unfair play and arguing with officials.
- Help my child to recognise good performance, not just results.
- Set a good example by recognising fair play and applauding the good performances of all
- Never punish or abuse a child for losing or making mistakes.
- Publicly accept officials' judgments and teach children to do likewise
- Support my child's involvement and help him/her to enjoy his/her sport.
- Use correct and proper language at all times.
- Remember that children participate in sport for their enjoyment, not mine.
- Support all efforts to remove verbal and physical abuse from sporting activities.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, disability, cultural background or religion
- Show appreciation and respect for coaches, officials and administrators. Remember, without them, your child could not participate
- Remember that my child represents the club at training sessions and events so neither they, or I will behave in any way that will have a negative impact on the club.